We would like to remind you the Therapeutic Use Exemption (TUE) Process for the athletes.

First of all, FINA has delegated responsibility for all TUE applications to the International Testing Agency (ITA). This means that the ITA is now fully responsible for the TUE application process for <u>all international-level athletes</u> that fall under FINA's jurisdiction.

Therefore, please address any question or request to ITA directly.

What is a Therapeutic Use Exemption (TUE)?

Athletes may have illnesses or conditions that require them to take medications or undergo procedures. If the medication or method an athlete is required to use to treat an illness or condition is prohibited as per the World Anti-Doping Agency's (WADA) Prohibited List a TUE may give that athlete the authorization to use that substance or method while competing without invoking an anti-doping rule violation (ADRV) and applicable sanction. Applications for TUEs are evaluated by a panel of physicians, the TUE Committee (TUEC).

Who should apply for a TUE? Where and when to apply?

FINA has delegated responsibility for all TUE applications to the International Testing Agency (ITA). This means that the ITA is now fully responsible for the TUE application process for all international-level athletes that fall under FINA's jurisdiction.

Athletes who are subject to anti-doping rules would need a TUE to take a prohibited substance or use a prohibited method. You should verify with the ITA to know to whom your athletes need to apply and if they can apply retroactively.

1. The athlete shall check if the required medication or method that they athlete intend to take, or use is prohibited as per the WADA Prohibited List.

They can use websites like globalDRO (<u>https://globaldro.com</u>) or ask your NADO if it has one. Each athlete has a responsibility to inform her/his physician(s) that they are an Athlete bound to anti-doping rules.

2. Then, the athlete shall verify below their status, to determine their competition level and TUE application requirements:

- Athletes included in the FINA Registered Testing Pool (RTP) or in the FINA Testing Pool (TP) (if any); or
- Athletes during their participation in any Competition from the FINA Calendar, excluding the Olympic Games, the Youth Olympic Games and the Competitions from the Non-FINA Calendar.

3. If it is determined that an athlete is considered as an International-Level Athlete, the athlete must apply to the ITA in advance, as soon as the need arises, unless there are emergency or exceptional circumstances. For substances prohibited in-competition only, the athlete should apply for a TUE <u>at</u> <u>least 30 days before their next competition</u>, unless one of the exceptions on retroactive TUEs apply.

How to apply to FINA for a TUE?

FINA encourages to submit TUE applications via ADAMS, together with the required medical information. If an athlete does not have an ADAMS account yet, please contact <u>tue@ita.sport</u> to have it set up.

Otherwise, the TUE Application Form can be found on <u>https://ita.sport/TUE</u>, and once duly completed and signed, it must be sent together with the required medical file to <u>tue@ita.sport</u>.

The TUE application must be submitted in legible capital letters or typing.

The medical file must include:

- A comprehensive medical history, including documentation from the original diagnosing physician(s) (where possible);
- The results of all examinations, laboratory investigations and imaging studies relevant to the application.
- If an athlete has already have a TUE granted by your National Anti-Doping Organization (NADO):

A NADO's TUE is only valid at the national level, and <u>the athlete must submit a request for recognition</u> <u>by the ITA</u>. Please refer to the section "How to submit a request for recognition of your NADO's TUE to the ITA?" on our website.

The detailed information and documents can be found on our website or on ITA's website. <u>https://www.fina.org/anti-doping/tue</u> <u>https://ita.sport/TUE/</u>