

INWARD (GROUP 5)

A1+B1+C1+D1+E1+F1+POS =DD

ARMSTAND DIVES

HIGH DIVING: 27 METRES

3

A1. SOMERSAULTS

2.6 2.9 3.4 4.

B1. APPROACH

1 3

CI. TWISTS BARANI ENTRY

1/2 tw 1 3 1 0.1 0.2

E1. BLIND ENTRY

I

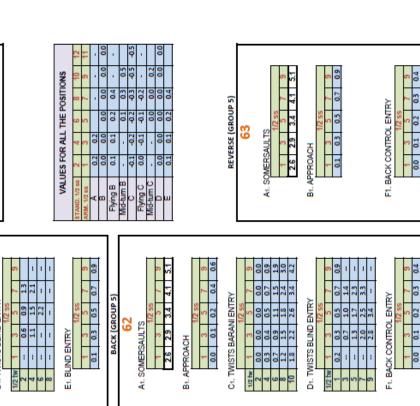
0.1 0.2

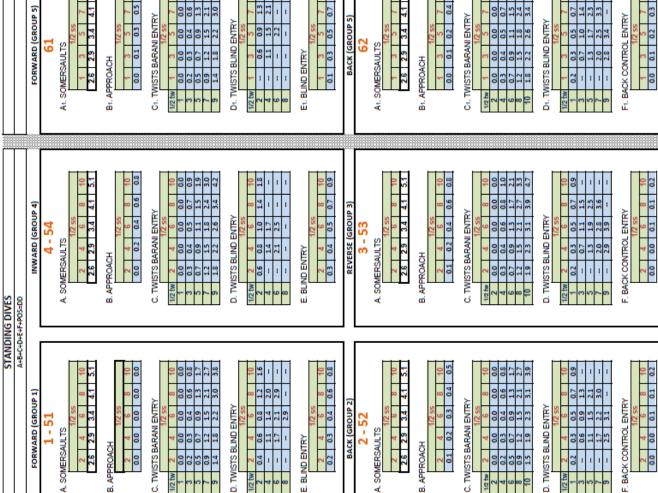
0.1 0.3

2024 04 03



40

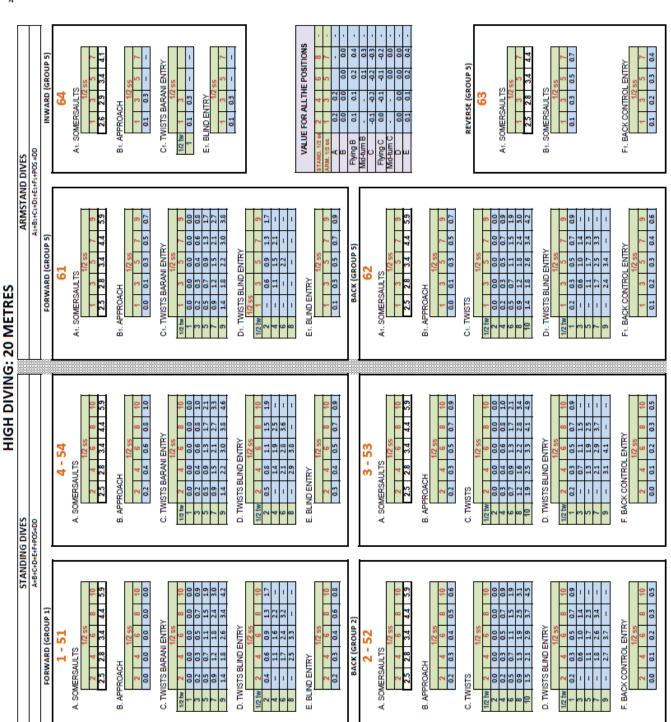




d



PART FIVE: HIGH DIVING RULES



ARMSTAND DIVES A1+B1+C1+D1+E1+F1=DD	POSITIONS VALUES FOR ALL GROUPS STAND. 17 and 1 10 STAND. 17 and 1 3 7 9 ADM. 17 and 1 3 4 6 7 9 ADM. 17 and 2 0.0 <th <="" colspan="2" th=""><th>REVERSE (GROUP 5)</th><th>63 A1. SOMERSAULTS</th><th>12ss 3 5 9 2.4 2.7 3.2 4.2 6.7 B1. SOMERSAULTS 12ss 12ss 12ss 0,1 0,3 0,5 0,8 1,1</th><th>F1. BACK ROTATION CONTROL ENTRY</th></th>	<th>REVERSE (GROUP 5)</th> <th>63 A1. SOMERSAULTS</th> <th>12ss 3 5 9 2.4 2.7 3.2 4.2 6.7 B1. SOMERSAULTS 12ss 12ss 12ss 0,1 0,3 0,5 0,8 1,1</th> <th>F1. BACK ROTATION CONTROL ENTRY</th>		REVERSE (GROUP 5)	63 A1. SOMERSAULTS	12ss 3 5 9 2.4 2.7 3.2 4.2 6.7 B1. SOMERSAULTS 12ss 12ss 12ss 0,1 0,3 0,5 0,8 1,1	F1. BACK ROTATION CONTROL ENTRY
HIGH DIVING: 15 METERS ARMST OUP 4) Arreliance Arrelian	2.4 2.7 3.2 4.2 5.7 B1. APPROACH 12.55 0 0.1 0.5 0.7 7 0 0.1 0.3 0.5 0.7 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.1 0.3 0.5 0.7 7 0 0.7 0.3 0.5 0.7 6 0.3 1.4 2.1 0 6 1.5 1.6 2.1 0	0,1 0,4 0,8 1,2 1,6 BACK (GROUP 5)	62 AI. SOMERSAULTS	1/2 ss 3 1/2 ss 3 3 0 1/2 ss 3 1/2 ss 1/2 ss 3 1/2 ss 1/2 ss	Ct. TWISTS BARANI ENTRY Ct. TWISTS BARANI ENTRY T255 T325 12 0.1 0.2 0.4 0.5 0.9 12 0.1 0.2 0.4 0.5 0.9 12 0.1 0.2 0.9 0.6 0.9 10 1 1.4 2.5 1 1 11 1.4 2.5 1 1 1 12 1.4 2.5 1 1 1 12 0.8 1.4 1.3 1.8 1 12 0.8 0.3 1.4 1.3 1.8 12 0.8 0.3 1.4 1.3 1.8 13 2.2 0.9 0.7 1.3 1.8 13 2.2 1.3 3.2 1.4 1.8 13 2.2 1.3 3.2 1.4 1.8 13 3.2 0.3 3.2 1.8 1.9 13 0.7 0.7 <t< td=""></t<>		
A SOMERSAULTS	2.4 2.7 3.2 4.2 5.7 B. APPROACH 1 1 1 1 2 4 5 0.6 0.8 1.0 0.2 0.4 0.6 0.8 1.0 1 0.1 0.2 0.4 0.1 1 0.1 0.2 0.4 0.7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 <td>Ξ</td> <td>3 - 53 A SOMERSAULTS</td> <td>2 4 12 5 10 2.4 2.7 3.2 4.2 5.7 B. APPROACH 12 5 4.2 6.7 2 4 6 8 10 0.2 0.3 0.5 0.7 0.9</td> <td>C. TWISTS BARANI ENTRY 1/2 IW 2 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2</td>	Ξ	3 - 53 A SOMERSAULTS	2 4 12 5 10 2.4 2.7 3.2 4.2 5.7 B. APPROACH 12 5 4.2 6.7 2 4 6 8 10 0.2 0.3 0.5 0.7 0.9	C. TWISTS BARANI ENTRY 1/2 IW 2 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 5 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2		
STANDING DIVI A+8+C+D+E+F=DD A+8+C+D+E+F=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E=DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+E+DD A+8+C+D+E+E+DD A+8+C+D+E+E+DD A+8+C+D+E+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+E+DD A+8+C+D+D+D A+8+C+D+E+DD A+8+C+D+D+D+D A+8+C+D+D+D+D A+8+C+D+D+D+D+D+D+D+D+D+D+D+D+D+D+D+D+D+D	2.4 2.7 3.2 4.2 5.7 B. APPROACH 2 1 1 5 7 0 0 0 0 0 7 0.1 1 5 7 1 7 1 1 5 1 7 7 1 1 5 0 0 7 1 1 5 0 1 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 2 1 1 1 1 2 1 1 1 1 1 2 1 1 1 1 1 2 1 1 1 1 1 1 2 1 1	CK (G	2 - 52 A. SOMERSAULTS	1/2 SS 1/2 SS 2.4 2.7 3.2 4.2 5.7 B. APPROACH 1/2 SS 4.2 5.7 5.7	C. TWISTS BARANI ENTRY 1/2 tw 2 4 6 8 10 1/2 tw 2 0 0/2 0/3 0/4 10 2 0 0/2 0/3 0/4 10 0/2 0/3 0/4 10 2 0 0/2 0/3 0/4 10 0/3 0/4 10 10 - - 1/3 2/1 - - 10 11 0/3 0/3 1/3 1/3 11 10 11 0/3 0/3 0/3 1/3 11 10 7 0/3 0/3 1/3 1/3 11 10 7 0/3 0/3 1/3 1/3 10 10 7 0/3 0/3 0/3 1/3 10 10 7 0/3 0/3 0/3 1/3 10 10 7 0/3 0/3 1/3 10 10 <th< td=""></th<>		

P





12.1

PART FIVE: HIGH DIVING RULES



12 DEGREE OF DIFFICULTY – FORMULA AND TABLES

Degree of Difficulty - Formula and Components

