

## REQUIREMENTS FOR MASTERS

General informations: World Aquatics:

Time: there is no minimum

Time	tech	free
Solo	Max 2.00	Max 2.15
Duo/mixed	Max 2.20	Max 2.45
Team	Max 2.50	Max 3.30
Free combo		Max 4.00

## Info for Tech routine:

- Coach Card to fill and submit
- Max hybrids as Elite / Junior
- Max time as Elite / Junior
- Same elements as WA, in any order ( !! Be careful, some internationals competitions follow the LEN rules, tech element must be done in the right order !!)
- New: not possible to have 2 elements in the same hybrid.
- Each element has its own value, it is not possible to add a DD to a hybrid with an element.
- Max 1/2 free hybrids, same rules as for Elite / Junior

## Info for Free routine:

- Coach Card to fill and submit
- Max hybrids as Elite / Junior
- Max time as Elite / Junior

Rules for Combo: as per Youth category

## Rules 6.2, § 5.3 (p.21-22):

«Swimmers and teams wishing to take part in the European or World Masters Championships must take part in the Swiss Masters Championship for each event concerned in the same composition as announced for the European or World Championships in accordance with the World Aquatics age categories.

DON'T forget to make the official demand at Swiss Aquatics min. one month before participating at any international competition, and to send the complet report max two weeks after the competition.

Form to fill out and to send to the federation: 6.1.1.

**NOSER** GROUP









