


12.2 Tables of Degree of Difficulties

Dive Number	Dive description	DD TABLE - 12 mts					DD TABLE - 15 mts				
		A	B	C	D	E	A	B	C	D	E
Group 1 - Forward											
102	Forward 1 Somersault	2,7	2,5	2,4		2,6	2,8	2,6	2,5		2,7
104	Forward 2 Somersaults		3,1	2,9		3,2		3,2	3,0		3,3
106	Forward 3 Somersaults		4,2	4,0		4,4		4,0	3,8		4,2
108	Forward 4 Somersaults		5,9	5,6				5,4	5,1		
112	Forward Flying 1 Somersault		2,6	2,5				2,7	2,6		
114	Forward Flying 2 Somersaults		3,2	3,0				3,3	3,1		
116	Forward Flying 3 Somersaults		4,4	4,1				4,2	3,9		
5121	Forward 1 Somersault 1/2 Twist				2,3					2,4	
5141	Forward 2 Somersaults 1/2 Twist		2,8	2,6		2,9		2,9	2,7		3,0
5(1)141	Forward Flying 2 Somersaults 1/2 Twist		2,9	2,7				3,0	2,8		
5161	Forward 3 Somersaults 1/2 Twist		3,8	3,6		4,0		3,6	3,4		3,8
5(1)161	Forward Flying 3 Somersaults 1/2 Twist		4,0	3,7				3,8	3,5		
5161m	Forward 3 Somersaults 1/2 Twist mid-turn		3,9	3,8				3,7	3,6		
5181	Forward 4 Somersaults 1/2 Twist		5,3	5,0				4,8	4,5		
5(1)181	Forward Flying 4 Somersaults 1/2 Twist		5,7	5,1				5,2	4,6		
5181m	Forward 4 Somersaults 1/2 Twist mid-turn		5,6	5,3				5,1	4,8		
5142	Forward 2 Somersaults 1 Twist				3,4						3,5
5143	Forward 2 Somersaults 1 1/2 Twist				3,1						3,2
5144	Forward 2 Somersaults 2 Twists				4,0						4,0
5145	Forward 2 Somersaults 2 1/2 Twists				3,6						3,6
5146	Forward 2 Somersaults 3 Twists				4,8						4,6
5147	Forward 2 Somersaults 3 1/2 Twists				4,3						4,1
5149	Forward 2 Somersaults 4 1/2 Twists				5,2						4,7
5162	Forward 3 Somersaults 1 Twist		4,7	4,5				4,5	4,3		
5163	Forward 3 Somersaults 1 1/2 Twist		4,3	4,1				4,1	3,9		
5164	Forward 3 Somersaults 2 Twists		5,5	5,3				5,2	5,0		
5165	Forward 3 Somersaults 2 1/2 Twists		5,0	4,8				4,7	4,5		
Group 2 - Back											
202	Back 1 Somersault	2,8	2,6	2,5		2,7	2,9	2,7	2,6		2,8
204	Back 2 Somersaults	3,3	3,1	2,9		3,2	3,4	3,2	3,0		3,3
206	Back 3 Somersaults		4,4	4,2		4,6		4,2	4,0		4,4
208	Back 4 Somersaults		6,2	5,9				5,7	5,4		
212	Back Flying 1 Somersault		2,7	2,6				2,8	2,7		
214	Back Flying 2 Somersaults		3,2	3,0				3,3	3,1		
5241	Back 2 Somersaults 1/2 Twist				3,4						3,5
5242	Back 2 Somersaults 1 Twist				3,1						3,2
5243	Back 2 Somersaults 1 1/2 Twist				3,8						3,8
5244	Back 2 Somersaults 2 Twists				3,5						3,5
5245	Back 2 Somersaults 2 1/2 Twists				4,5						4,3
5246	Back 2 Somersaults 3 Twists				4,1						3,9
5248	Back 2 Somersaults 4 Twists				4,9						4,5
5261	Back 3 Somersaults 1/2 Twist		4,7	4,5				4,5	4,3		
5262	Back 3 Somersaults 1 Twist		4,2	4,0				4,0	3,8		
5263	Back 3 Somersaults 1 1/2 Twist		5,3	5,1				5,0	4,8		
5264	Back 3 Somersaults 2 Twists		4,8	4,6				4,5	4,3		
5265	Back 3 Somersaults 2 1/2 Twist		6,2	6,0				5,7	5,5		
5266	Back 3 Somersaults 3 Twists		5,6	5,4				5,1	4,9		
5282	Back 4 Somersaults 1 Twist		5,8	5,5				5,3	5,0		
Group 3 - Reverse											
302	Reverse 1 Somersault	2,9	2,7	2,6		2,8	2,9	2,7	2,6		2,8
304	Reverse 2 Somersaults		3,3	3,1		3,4		3,3	3,1		3,4
306	Reverse 3 Somersaults		4,5	4,3				4,3	4,1		
308	Reverse 4 Somersaults		6,4	6,1				5,9	5,6		
312	Reverse Flying 1 Somersault		2,8	2,7				2,8	2,7		
5341	Reverse 2 Somersaults 1/2 Twist				3,5						3,6
5342	Reverse 2 Somersaults 1 Twist				3,2						3,3
5343	Reverse 2 Somersaults 1 1/2 Twist				3,9						4,0
5344	Reverse 2 Somersaults 2 Twists				3,6						3,7



Dive Number	Dive description	DD TABLE - 12 mts					DD TABLE - 15 mts				
		A	B	C	D	E	A	B	C	D	E
5345	Reverse 2 Somersaults 2 1/2 Twists				4,7					4,6	
5346	Reverse 2 Somersaults 3 Twists				4,3					4,2	
5347	Reverse 2 Somersaults 3 1/2 Twists				5,8					5,3	
5348	Reverse 2 Somersaults 4 Twists				5,3					4,8	
5361	Reverse 3 Somersaults 1/2 Twist		4,8	4,6				4,6	4,4		
Group 4 - Inward											
402	Inward 1 Somersault		2,9	2,8		3,0		3,0	2,9		3,1
404	Inward 2 Somersaults		3,6	3,4				3,7	3,5		
406	Inward 3 Somersaults		4,9	4,7				4,7	4,5		
412	Inward Flying 1 Somersault		3,0	2,9				3,1	3,0		
5421	Inward 1 Somersault 1/2 Twist				2,6						2,7
5441	Inward 2 Somersaults 1/2 Twist		3,2	3,0		3,3		3,3	3,1		3,4
5461	Inward 3 Somersaults 1/2 Twist		4,4	4,2				4,2	4,0		
5481	Inward 4 Somersaults 1/2 Twist		6,2	5,9				5,7	5,4		
5442	Inward 2 Somersaults 1 Twist				4,0						4,1
5443	Inward 2 Somersaults 1 1/2 Twist				3,6						3,7
Group 5 - Armstand											
611	Armstand Forward 1/2 Somersault	2,6	2,4	2,3				2,7	2,5	2,4	
613	Armstand Forward 1 1/2 SomersaultS		3,1	2,9					3,2	3,0	
615	Armstand Forward 2 1/2 SomersaultS		4,5	4,3					4,3	4,1	
6131	Arm. Forward 1 1/2 Somersault 1/2 Twist				2,8						2,9
6151	Arm. Forward 2 1/2 Somersaults 1/2 Twist		4,0	3,8					3,8	3,6	
621	Arm. Back 1/2 Somersault	2,7	2,5	2,4				2,8	2,6	2,5	
623	Arm. Back 1 1/2 Somersault	3,2	3,0	2,8				3,3	3,1	2,9	
625	Arm. Back 2 1/2 Somersaults		4,4	4,2					4,2	4,0	
631	Arm. Reverse 1/2 Somersault	2,8	2,6	2,5				2,9	2,7	2,6	
633	Arm. Reverse 1 1/2 Somersault		3,3	3,1					3,4	3,2	
635	Arm. Reverse 2 1/2 Somersaults		4,5	4,3					4,3	4,1	
6132	Arm. Forward 1 1/2 Somersault 1 Twist				3,6						3,7
6133	Arm. Forward 1 1/2 Somersault 1 1/2 Twist				3,3						3,4
6134	Arm. Forward 1 1/2 Somersault 2 Twists				4,4						4,4
6135	Arm. Forward 1 1/2 Somersault 2 1/2 Twists				4,0						4,0
6152	Arm. Forward 2 1/2 Somersaults 1 Twist		5,2	5,0					4,9	4,7	
6153	Arm. Forward 2 1/2 Somersaults 1 1/2 Twist		4,7	4,5					4,4	4,2	
6271	Arm Back 3 1/2 Somersaults 1/2 Twist		6,5	6,2					6,0	5,7	
6272	Arm. Back 3 1/2 Somersaults 1 Twist		5,8	5,5					5,3	5,0	

	Blind entry
	Flying dive
	Back rotation control entry



Dive Number	Dive description	DD TABLE 27m					DD TABLE 20m				
		A	B	C	D	E	A	B	C	D	E
Group 1 - Forward											
102	Forward 1 Somersault		2.8	2.7		2.9		2.7	2.6		2.8
104	Forward 2 Somersaults		3.2	3.0		3.3		3.1	2.9		3.2
106	Forward 3 Somersaults		3.8	3.6				3.8	3.6		
108	Forward 4 Somersaults		4.7	4.4				5.0	4.7		
112	Forward Flying 1 Somersault		2.9	2.8				2.8	2.7		
114	Forward Flying 2 Somersaults		3.3	3.1				3.2	3.0		
116	Forward Flying 3 Somersaults		4.0	3.7				4.0	3.7		
5121	Forward 1 Somersault 1/2 Twist				2.6					2.5	
5141	Forward 2 Somersaults 1/2 Twist		2.9	2.7		3.0		2.8	2.6		2.9
5(1)141	Forward Flying 2 Somersaults 1/2 Twist		3.0	2.8				2.9	2.7		
5161	Forward 3 Somersaults 1/2 Twist		3.4	3.2		3.6		3.4	3.2		3.6
5(1)161	Forward Flying 3 Somersaults 1/2 Twist		3.6	3.3				3.6	3.3		
5161m	Forward 3 Somersaults 1/2 Twist mid-turn		3.5	3.4				3.5	3.4		
5181	Forward 4 Somersaults 1/2 Twist		4.1	3.8				4.4	4.1		
5(1)181	Forward Flying 4 Somersaults 1/2 Twist		4.5	3.9							
5181m	Forward 4 Somersaults 1/2 Twist mid-turn		4.4	4.1				4.7	4.4		
51(10)1	Forward 5 Somersaults 1/2 Twist		5.1	4.6							
51(12)1	Forward 6 Somersaults 1/2 Twist										
5142	Forward 2 Somersaults 1 Twist				3.5					3.4	
5143	Forward 2 Somersaults 1 1/2 Twist				3.2					3.1	
5144	Forward 2 Somersaults 2 Twists				4.0					3.9	
5145	Forward 2 Somersaults 2 1/2 Twists				3.6					3.5	
5146	Forward 2 Somersaults 3 Twists				4.6					4.5	
5147	Forward 2 Somersaults 3 1/2 Twists				4.1					4.0	
5149	Forward 2 Somersaults 4 1/2 Twists				4.7					4.6	
5162	Forward 3 Somersaults 1 Twist		4.2	4.0				4.3	4.1		
5163	Forward 3 Somersaults 1 1/2 Twist		3.8	3.6				3.9	3.7		
5164	Forward 3 Somersaults 2 Twists		4.8	4.6				5.0	4.8		
5165	Forward 3 Somersaults 2 1/2 Twists		4.3	4.1				4.5	4.3		
5166	Forward 3 Somersaults 3 Twists				5.5					5.8	
5167	Forward 3 Somersaults 3 1/2 Twists				4.9						
5169	Forward 3 Somersaults 4 1/2 Twists				5.6						
5182	Forward 4 Somersaults 1 Twist		5.3	5.0							
5183	Forward 4 Somersaults 1 1/2 Twist		4.7	4.4							
5185	Forward 4 Somersaults 2 1/2 Twists		5.4	5.1							
5187	Forward 4 Somersaults 3 1/2 twists		6.2	5.9							
Group 2 - Back											
202	Back 1 Somersault	2.9	2.7	2.6		2.8	2.9	2.7	2.6		2.8
204	Back 2 Somersaults	3.3	3.1	2.9			3.4	3.2	3.0		
206	Back 3 Somersaults		3.8	3.6				4.0	3.8		
208	Back 4 Somersaults		4.6	4.3				5.2	4.9		
20(10)	Back 5 Somersaults		5.8	5.3							
212	Back Flying 1 Somersault		2.8	2.7				2.8	2.7		
214	Back Flying 2 Somersaults		3.2	3.0				3.3	3.1		
216	Back Flying 3 Somersaults		4.0	3.7				4.2	3.9		
5241	Back 2 Somersaults 1/2 Twist				3.4					3.4	
5242	Back 2 Somersaults 1 Twist				3.1					3.1	
5243	Back 2 Somersaults 1 1/2 Twist				3.7					3.7	
5244	Back 2 Somersaults 2 Twists				3.4					3.4	
5245	Back 2 Somersaults 2 1/2 Twists				4.2					4.2	
5246	Back 2 Somersaults 3 Twists				3.8					3.8	
5247	Back 2 Somersaults 3 1/2 Twists				4.8						
5248	Back 2 Somersaults 4 Twists				4.3					4.4	
524(10)	Back 2 Somersaults 5 Twists				5.0						
5261	Back 3 Somersaults 1/2 Twist		4.2	4.0				4.3	4.1		



Dive Number	Dive description	DD TABLE 27m					DD TABLE 20m				
		A	B	C	D	E	A	B	C	D	E
5262	Back 3 Somersaults 1 Twist		3.7	3.5				3.8	3.6		
5263	Back 3 Somersaults 1 1/2 Twist		4.6	4.4				4.8	4.6		
5264	Back 3 Somersaults 2 Twists		4.1	3.9				4.3	4.1		
5265	Back 3 Somersaults 2 1/2 Twist		5.2	5.0							
5266	Back 3 Somersaults 3 Twists		4.6	4.4				4.9	4.7		
5267	Back 3 Somersaults 3 1/2 Twists				5.9						
5268	Back 3 Somersaults 4 Twists				5.2						
526(10)	Back 3 Somersaults 5 Twists				6.0						
5281	Back 4 Somersaults 1/2 Twist		5.2	4.9							
5282	Back 4 Somersaults 1 Twist		4.5	4.2				4.9	4.6		
5282m	Back 4 Somersaults 1 Twist mid-turn		4.8	4.5							
5283	Back 4 Somersaults 1 1/2 Twist		5.8	5.5							
5284	Back 4 Somersaults 2 Twists		5.1	4.8							
5286	Back 4 Somersaults 3 Twists		5.8	5.5							
52(10)2	Back 5 Somersaults 1 Twist		5.6	5.1							
Group 3 - Reverse											
302	Reverse 1 Somersault	2.9	2.7	2.6		2.8	2.9	2.7	2.6		2.8
304	Reverse 2 Somersaults		3.1	2.9				3.2	3.0		
306	Reverse 3 Somersaults		3.9	3.7				4.1	3.9		
308	Reverse 4 Somersaults		4.8	4.5				5.4	5.1		
30(10)	Reverse 5 Somersaults		6.1	5.6							
312	Reverse Flying 1 Somersault		2.8	2.7				2.8	2.7		
5341	Reverse 2 Somersaults 1/2 Twist				3.4					3.4	
5342	Reverse 2 Somersaults 1 Twist				3.1					3.1	
5343	Reverse 2 Somersaults 1 1/2 Twist				3.8					3.8	
5344	Reverse 2 Somersaults 2 Twists				3.5					3.5	
5345	Reverse 2 Somersaults 2 1/2 Twists				4.4					4.4	
5346	Reverse 2 Somersaults 3 Twists				4.0					4.0	
5347	Reverse 2 Somersaults 3 1/2 Twists				5.1					5.2	
5348	Reverse 2 Somersaults 4 Twists				4.6						
534(10)	Reverse 2 Somersaults 5 Twists				5.4						
5361	Reverse 3 Somersaults 1/2 Twist		4.3	4.1				4.4	4.2		
5362	Reverse 3 Somersaults 1 Twist		3.8	3.6				3.9	3.7		
5363	Reverse 3 Somersaults 1 1/2 Twist		4.9	4.7							
5364	Reverse 3 Somersaults 2 Twists		4.4	4.2							
5365	Reverse 3 Somersaults 2 1/2 Twists		5.7	5.5							
5366	Reverse 3 Somersaults 3 Twists		5.1	4.9							
5368	Reverse 3 Somersaults 4 Twists				5.9						
5381	Reverse 4 Somersaults 1/2 Twist		5.4	5.1							
5382	Reverse 4 Somersaults 1 Twist		4.7	4.4							
Group 4 - Inward											
402	Inward 1 Somersault		2.9	2.8				3.0	2.9		
404	Inward 2 Somersaults		3.5	3.3				3.6	3.4		
406	Inward 3 Somersaults		4.3	4.1				4.5	4.3		
408	Inward 4 Somersaults		5.4	5.1				5.9	5.6		
412	Inward Flying 1 Somersault		3.0	2.9				3.1	3.0		
5421	Inward 1 Somersault 1/2 Twist				2.6					2.7	
5441	Inward 2 Somersaults 1/2 Twist		3.1	2.9				3.2	3.0		
5461	Inward 3 Somersaults 1/2 Twist		3.8	3.6				4.0	3.8		
5481	Inward 4 Somersaults 1/2 Twist		4.7	4.4				5.2	4.9		
54(10)1	Inward 5 Somersaults 1/2 Twist		5.9	5.4							
5442	Inward 2 Somersaults 1 Twist				3.9						
5443	Inward 2 Somersaults 1 1/2 Twist				3.5					3.6	
5445	Inward 2 Somersaults 2 1/2 Twists				4.0					4.1	
5447	Inward 2 Somersaults 3 1/2 Twists				4.6						



Dive Number	Dive description	DD TABLE 27m					DD TABLE 20m				
		A	B	C	D	E	A	B	C	D	E
5462	Inward 3 Somersaults 1 Twist		4.8	4.6							
5463	Inward 3 Somersaults 1 1/2 Twist		4.3	4.1							
Group 5 - Armstand											
611	Armstand Forward 1/2 Somersault		2.7	2.6				2.6	2.5		
613	Armstand Forward 1 1/2 Somersaults		3.3	3.1				3.2	3.0		
615	Armstand Forward 2 1/2 Somersaults		4.2	4.0				4.2	4.0		
6131	Arm. Forward 1 1/2 Somersault 1/2 Twist				3.0						2.9
6151	Arm. Forward 2 1/2 Somersaults 1/2 Twist		3.7	3.5				3.7	3.5		
6171	Arm. Forward 3 1/2 Somersaults 1/2 Twist		4.6	4.3							
621	Arm. Back 1/2 Somersault	2.8	2.6	2.5			2.8	2.6	2.5		
623	Arm. Back 1 1/2 Somersault	3.3	3.1	2.9			3.3	3.1	2.9		
625	Arm. Back 2 1/2 Somersaults		3.8	3.6				4.0	3.8		
627	Arm. Back 3 1/2 Somersaults		4.8	4.5							
629	Arm. Back 4 1/2 Somersaults		6.1	5.6							
631	Arm. Reverse 1/2 Somersault		2.7	2.6				2.7	2.6		
633	Arm. Reverse 1 1/2 Somersault		3.3	3.1				3.3	3.1		
635	Arm. Reverse 2 1/2 Somersaults		4.1	3.9				4.2	4.0		
637	Arm. Reverse 3 1/2 Somersaults		5.1	4.8				5.5	5.2		
641	Arm. Inward 1/2 Somersault		2.8	2.7				2.8	2.7		
643	Arm. Inward 1 1/2 Somersault		3.4	3.2				3.5	3.3		
6431	Arm. Inward 1 1/2 Somersault 1/2 Twist				3.3						3.5
6132	Arm. Forward 1 1/2 Somersault 1 Twist				3.6						3.5
6133	Arm. Forward 1 1/2 Somersault 1 1/2 Twist				3.3						3.2
6134	Arm. Forward 1 1/2 Somersault 2 Twists				4.1						4.0
6135	Arm. Forward 1 1/2 Somersault 2 1/2 Twists				3.7						3.6
6152	Arm. Forward 2 1/2 Somersaults 1 Twist		4.6	4.4				4.6	4.4		
6153	Arm. Forward 2 1/2 Somersaults 1 1/2 Twist		4.1	3.9				4.1	3.9		
6154	Arm. Forward 2 1/2 Somersaults 2 Twists				5.2						
6155	Arm. Forward 2 1/2 Somersaults 2 1/2 Twists				4.6						
6156	Arm. Forward 2 1/2 Somersaults 3 Twists				5.9						
6157	Arm. Forward 2 1/2 Somersaults 3 1/2 Twists				5.2						
6173	Arm. Forward 3 1/2 Somersaults 1 1/2 Twist		5.2	4.9							
6231	Arm Back 1 1/2 Somersault 1/2 Twist				3.3						3.2
6232	Arm. Back 1 1/2 Somersault 1 Twist				3.0						2.9
6233	Arm Back 1 1/2 Somersault 1 1/2 Twist				3.7						3.5
6251	Arm Back 2 1/2 Somersault 1/2 Twist		4.1	3.9				4.2	4.0		
6252	Arm. Back 2 1/2 Somersaults 1 Twist		3.6	3.4				3.7	3.5		
6253	Arm Back 2 1/2 Somersaults 1 1/2 Twist		4.6	4.4				4.7	4.5		
6254	Arm. Back 2 1/2 Somersaults 2 Twists		4.1	3.9				4.2	4.0		
6255	Arm Back 2 1/2 Somersaults 2 1/2 Twists				5.3						
6256	Arm. Back 2 1/2 Somersaults 3 Twists				4.7						4.8
6257	Arm Back 2 1/2 Somersaults 3 1/2 Twists				6.1						
6258	Arm. Back 2 1/2 Somersaults 4 Twists				5.4						
625(10)	Arm. Back 2 1/2 Somersaults 5 Twists				6.2						
6271	Arm Back 3 1/2 Somersaults 1/2 Twist		5.2	4.9							
6272	Arm. Back 3 1/2 Somersaults 1 Twist		4.5	4.2							
6273	Arm Back 3 1/2 Somersaults 1 1/2 Twist		5.9	5.6							
6274	Arm. Back 3 1/2 Somersault 2 Twists		5.2	4.9							
6276	Arm. Back 3 1/2 Somersault 3 Twists		6.0	5.7							

	Blind Entry
	Flying dive
	Back rotation control entry